

FOUNDATION LESSON 1: REPENTANCE

LORD'S SUPPER

First, celebrate the Lord's Supper together. Let it be led by someone different than last week and pray together.

LOOK BACK

Let everyone share or a good testimony (a healing, an answered prayer, provision, successful sharing of the gospel, etc.) or a prayer need (challenges, problems, failures, etc.). It is very important to take the time into consideration, because everyone should have time and energy to participate. So please keep the stories brief when possible.

Ask about the commitment made last week. Has anyone celebrated the Lord's Supper during the week with other people? Who with? How did it go? Was anyone able to share or speak about the gospel with anyone? If yes, how did it go?

PRAYER

After every testimony, need, or story, let the person sitting next to the one who spoke pray for him/her or the people involved in the situation. Pay attention if while praying the Holy Spirit reveals anything specific: people involved, images, a phrase, bible text, etc.

LOOK UP

THE COMMANDMENT

Read together Luke 24:44-49, when the resurrected Lord appeared to His disciples. If you want more context, you can start reading from verse 36 before the meeting.

1. What parts of the Old Testament does the Lord Jesus say that speak about His life and ministry on Earth?
2. According to the prophecies He mentioned, what should happen after His resurrection?
3. Who should do it? Himself, or someone else?
4. What did the disciples have to wait for?

THE STORIES

Now read these stories of repentance:

- Luke 19:1-10
- Luke 7:36-50
- Acts 19:18-20

After you read these verses, you can discuss the answer to these questions together:

5. Who were these people before they repented?
6. What kind of choices did they take when they repented?
7. What are the elements of repentance in these stories?

If you have time after answering these questions, you could try retelling these stories to one another in your own words. Feel free to correct each other if there are important details missing but wait until each one finishes to give feedback.

LOOK FORWARD

YOUR PERSONAL COMMITMENT

Are there still areas in your life, such as bad habits or sins, that you should repent of? What do you need to do about it? Are there people you think you should confess it to?

Is there anything else that God revealed to you during this meeting that you should change, tell someone, or put into practice? What was it, and what will you do about it?

SHARING IT

Is there someone you know that should know about repentance? What would be the best way to talk to them about it?